



**FAMILY HEALTH THEORY & RESIDENCY
WOMEN'S HEALTH
Course Syllabus**

Spring 2020

Course Title & Number: Family Health Theory: Women's & Perinatal
58:705:669

Credits: 3 hours

Course Hours: Thursdays – 6:00pm - 8:50pm
Recitation - 3:45pm – 4:45pm

Pre-requisite Courses: 58:705:521 Advanced Health Assessment
58:705:523 Advanced Pathophysiology
58:705:511 Foundations of Nursing Science
58:705:607 Evidence based prevention, promotion and practice
58:705:525 Advanced Pharmacology
58:705: 698 Epidemiology and Biostatistics
58:705:660/662 Adult Gerontological Primary Care Theory & Residency

Co-requisite Courses: Residency - 120 practice clinical hours

Location: CNS Room # 346A

Theory Faculty: Wanda M. William, PhD, RN, WHNP-BC, APN, CNE
Assistant Professor
530 Federal St. Camden, NJ 08102
Office # 339
wanda.williams@rutgers.edu (contact via email only)

Office Hours:

- Mondays: 9:00am – 12:00pm
- Thursdays: 1:00pm – 5:00pm
- All other days by appointment only

Clinical Faculty: Jeanann Sousou Coppola, DNP, RN, CNM, CNE
Assistant Clinical Professor
530 Federal St. Camden, NJ 08102
Office # 345
jeanann.sousou.cnm@rutgers.edu

Dr. Coppola's Office Hours:

- Wednesday: 1130am to 4pm
- Thursday: 12pm to 330pm
- All other days by appointment only

Course Description:

This course provides the advanced practice nursing (APN) student with the clinical experiences that are necessary for management of primary care with an emphasis on women's healthcare. The focus will include health promotion and disease prevention, routine prenatal care in uncomplicated pregnancies, and assessment, management of common health problems in women, and treatment of acute and chronic health problems in the female pregnant and non-pregnant population across the lifespan. Content related to principles of pharmacology, pathophysiology, and cultural issues is integrated throughout the course. Supervised clinical practice with expert clinicians provides the student with opportunities to practice the cognitive and psychomotor skills necessary to provide ambulatory obstetrical and gynecological care for women across their lifespan.

Course Objectives:

Upon completion of the course, the student will be able to:

(AACN Essentials of Baccalaureate Education are noted in parentheses)

1. Integrate knowledge of physiological, pathophysiological, and pharmacological knowledge principles in the gynecologic and obstetrical care of the well woman across the lifespan. (I & VIII)
2. Integrate psychosocial and cultural aspects into health promotion and advanced nursing practice for well women. (I & VIII)
3. Evaluate and apply knowledge synthesized from course content to advanced practice for women's health care across the life span. (I, III & VIII)
4. Evaluate and integrate evidence-based practice in the management of women seeking routine gynecologic screening, contraception and family planning counseling, and breast healthcare. (II & III)
5. Evaluate and integrate evidence-based practice in the management of women seeking counseling and treatment of sexually transmitted infections, abnormal gynecological screenings and problems from menarche through menopause, and counseling of pregnancy options. (I, II & III)
6. Evaluate and integrate evidence-based practice in the management of gynecological and obstetrical women seeking care for co-morbidities. (I, II & III)
7. Evaluate and integrate evidence-based practice for common dysfunctional and behavioral problems affecting women across the lifespan. (I, II & III)
8. Evaluate a comprehensive plan of management, which includes consultation, collaboration, and referral as appropriate. (II & VI)
9. Demonstrate ethical and legal accountability in the provision of gynecological and obstetrical care of the well woman. (I, III & VIII)
10. Demonstrate leadership in the delivery of care to well women incorporating spiritual, legal, and political considerations. (I & VIII)

Required Textbooks:

Schuling, K. D. & Likis, F. E. (2017) *Women's Gynecologic Health*, 3rd Ed. Massachusetts: Jones & Bartlett. ISBN-13: 978-1284076028

U.S. Medical Eligibility Criteria for Contraceptive Use -

https://www.cdc.gov/reproductivehealth/contraception/pdf/summary-chart-us-medical-eligibility-criteria_508tagged.pdf

<https://www.cdc.gov/reproductivehealth/contraception/mmwr/mec/summary.html>

Recommended Textbooks / Resources:

American Psychological Association. (2019). *Publication Manual of the American Psychological Association* (7th ed.). Washington, DC. ISBN-13: 978-1433832178; ISBN-10: 1433832178

Bickley, L. (2017). *Bates' Guide to Physical Examination and History Taking*, 12th edition. Philadelphia, PA: Lippincott Williams & Wilkins. ISBN 1496370252. (*or whatever book you used from CSPD or ADHA*).

Contraceptive Technology - Managing Contraception -

<https://store.managingcontraception.com/digital-books/>

DeCherney, A. H., Roman, A. S., Nathan, L., & Laufer, L. N. (2019). *Current Diagnosis & Treatment Obstetrics & Gynecology*, 12th Edition. New York, NY: McGraw-Hill Companies. ISBN-13: 978-0071833905

Managing Contraceptive Pill Patients by Richard P. Dickey -

<http://www.nwcbooks.com/download/managing-contraceptive-pill-drug-patients/>

Standards of Nursing Practice:

- American Academy of Pediatrics and the American College of Obstetricians and Gynecologists (2017). *Guidelines for Perinatal Care* (8th Ed.). Washington, D.C: AAP & ACOG.
 - *Jointly developed by the AAP and ACOG, this unique resource addresses the full spectrum of perinatal medicine from obstetric and pediatric standpoints.*
 - *Guidelines for Perinatal Care - **Free** download available:*
<https://smtebooks.eu/book/12447/guidelines-perinatal-care-8th-edition-pdf>
- AWHONN (2009). *Standards and guidelines for professional nursing practice in the care of women and newborns* (7th ed.). Washington, D.C.: AWHONN.
- Code of Ethics for Nurses with Interpretive Statements (2015). Retrieved from <http://www.nursingworld.org/MainMenuCategories/EthicsStandards/CodeofEthicsforNurses/Code-of-Ethics-For-Nurses.html>
- Sexually Transmitted Disease Surveillance 2017 per Centers for Disease Control and Prevention (CDC) - <https://www.cdc.gov/std/tg2015/default.htm>

Methods of Instruction:

Classroom lecture & discussion, audio-visual media, web-based materials, case studies, on line discussion boards, group presentations, & required readings and written assignments.

Professional Organizations (References & Resources)

- American Nurses Association (ANA)
- The Association of Women's Health, Obstetric and Neonatal Nurses (AWHONN)
 - Position Statements & Practice Briefs:
<https://www.awhonn.org/page/PositionStatements>
 - Women's Health Perinatal Nursing Care Quality Measures
- The American College of Obstetricians and Gynecologists (ACOG)
 - Practice Bulletins: <https://www.acog.org/Clinical-Guidance-and-Publications/Practice-Bulletins-List>
- The Office on Women's Health: <https://www.womenshealth.gov/>
- The National Association of Nurse Practitioners in Women's Health's (NPWH)
- National Certification Corporation (NCC)
 - Continuing education modules
 - Women's Health Care Nurse Practitioner
- The International Federation of Gynecology and Obstetrics (IFIGO)

APA Resources:

1. How to Recognize Plagiarism:
<http://library.camden.rutgers.edu/EducationalModule/Plagiarism/>
2. APA Style: <http://apastyle.org/learn/tutorials/basics-tutorial.aspx>
3. APA (American Psychological Association) via Purdue Owl:
<https://owl.english.purdue.edu/owl/resource/560/01/>

Course Requirements & Expectations:

In addition to meeting all course objectives, students are expected to adhere to the policies and procedures in this syllabus and those of the School of Nursing. Please consider the following as useful information to maximize your potential for success in this course:

1. **Academic Integrity Policy:** The School of Nursing follows the Rutgers, The State University of New Jersey policies/procedures regarding Academic Integrity that can be found at: <http://academicintegrity.rutgers.edu>
2. **Student Handbook:** Nursing Students are encouraged to read and be familiar with all nursing policies and procedures regarding student conduct, attendance and professional behavior as indicated in the Rutgers, School of Nursing-Camden Student Handbook. The School of Nursing-Camden Student Handbook can be accessed at: <https://nursing.camden.rutgers.edu/nursing-student-resources>
3. **Attendance:** Class attendance is vitally important. Students are expected to attend **all** lectures, **to be on time**, and to stay for the entire class. If unable to attend class, students are expected to inform the

course professor by email prior to the scheduled class or as soon as possible thereafter. It will be the student's responsibility to obtain class notes from a classmate. Attendance will be taken during the class. Class attendance and participation are *essential aspects* of this course.

4. **Class Preparation:** In order for students to be successful in this class it is important that you read the required readings and bring them with you to class. Preparing for class by reading the assigned reading material in advance will enable students to contribute to class discussion. Please note that showing up does not equal participation. Past experience has shown that students who come prepared to class with reading assignments completed will be more successful in their academic pursuit.
5. **Cancellation of Classes:** In the event class is cancelled due to unforeseen circumstances (i.e. inclement weather or an emergency), an on-line assignment will be assigned in lieu of a face-to-face class. If this occurs, an email will be sent to students regarding an asynchronous class (*pre-recorded lecture for students to download and watch/listen at his/her convenience*); and an announcement will be posted on Canvas. It is the responsibility of the student to ensure that he/she checks for announcements on the Canvas course shell and his/her emails for communication from the course professor regarding the cancellation of classes and any alternative class assignment.
6. **Cell Phones and other Electronic Devices:** As a courtesy to both faculty and students, all portable cell phones, Blackberries, I-pods, I-phones, etc. **must be placed on quiet or vibration status** before lecture officially begins. When class is in session, the use of Instant Messenger type communication systems, playing games, and watching video clips on laptop computers, and text messaging on cell phones is unprofessional and a distraction to faculty and other students. Thus, they are prohibited during all lecture sessions **EXCEPT** in cases when the professor indicates students may use these devices (i.e. use of clickers for student learning activities).
7. **Audio or videotaping** (or use of any other electronic recording media) of the Research Process in Nursing lectures **is NOT permitted** unless the student presents the course professor with valid documentation for this accommodation from the Division of Student Affairs, Dean of Students Office: <http://deanofstudents.camden.rutgers.edu/>
8. **Canvas:** This course is complemented by the use of Canvas which contains the syllabus, weekly PowerPoints, handouts for students to download/print, required and recommended reading assignments, supplemental resources, assignment guidelines, and important announcements. ALL students are required to be familiar with the use of Canvas; online tutorials and help-lines are available for students who encounter technical difficulties.

Announcements may be made on Canvas and it is the responsibility of the student to check Canvas frequently for announcements, changes, etc. It is also the responsibility of the student to ensure that he/she has a valid Rutgers email address and to check his/her emails frequently for communications from the course professor. Do not use personal email addresses as they often wind up in a spam folder. Please be sure that your full name and course section are in the email when writing the course professor.

9. ALL test in this class will be conducted through ExamSoft. Therefore, ALL students must have access to a computer for all tests administered in this class. Please review the "Laptop Requirements" posted on the School of Nursing | Camden website (<https://nursing.camden.rutgers.edu/>) under the "students" tab. It is the student's responsibility to ensure that your computer/laptop meets the minimum requirements as outlined on the School of Nursing | Camden website.

10. **Professional Conduct:** It is an expectation that students will conduct themselves in a professional manner in class.
- a. Students are entitled to receive instruction free from interference by other class members. Interference is defined as side conversations, lateness, walking out and in the room while class is in session, etc. Students are asked not to talk with other classmates while the instructor or another student is speaking.
 - b. Announcements will be made promptly at the start of class and will not be repeated for late arrivals. Students who are late need to obtain this information from other classmates. Again, this is the student's responsibility.

11. Policy Concerning Written Assignments:

All assignments must be in accordance with **APA** and typed. Place all written papers in the "*Assignment inbox*" on Canvas for the designated assignment. Do not send assignments by e-mail or turn-in during class unless instructed to do so.

Make-up Policy (*)

If a student finds it necessary to miss an exam or submit a written assignment late due to illness or unforeseen circumstances, he/she must notify the Professor prior to the assigned due date. If the Professor is not contacted, the student will receive a grade of "0." An assignment or exam that needs to be made-up will be subjected to a point reduction at the discretion of the faculty depending on the circumstance.

Upon return to class the student must submit a physician's note or other relevant documentation (i.e. obituary notice, court summons) before a student will be given the opportunity to make up the exam.

If the professor is contacted and appropriate documentation is received, a make-up exam will be created, and an exam date will be provided to the student. A make-up exam is up to the discretion of the faculty instructor. The instructor reserves the right to not offer a make-up and assign a zero for the exam grade. If a make-up exam is offered by the course faculty, it may be a different test and a different test format than the original exam offered.

Examination Protocol

1. No electronic devices of any kind (cell phones, watches, pens or calculators) will be allowed during any testing times.
2. All bags and books should be placed at the front or back of the room.
3. No hats are to be worn.
4. No food or drinks will be allowed.
5. No bathroom breaks will be given, so please use the facilities before the exam.
6. Once the test starts no questions will be answered during the testing period.
7. Students seating will be altered/assigned during all exams.
8. **Late comers to exams will not be given additional time to complete the exam.**
9. All students are expected to take exams on the scheduled date (*)
10. **No talking during an exam.**

Disclaimer:

The course faculty reserve the right to revise assignments or change due dates during the course semester.

Evaluation Criteria:

Evaluation Methods	% of Grade	Date Administered / Due Date
Case Study #1	10%	Feb 27
Case Study # 2	10%	April 16
SOAP Note	10%	April 2 nd
Exam I	15%	Feb 13
Exam II	15%	March 12
Exam III	15%	April 9 th
Final Exam	25%	TBA
Total	100%	
Residency / Clinical		
Continuing Education Assignment & Presentation	P/F	
Typhon Submissions completed in a timely manner	P/F	
Clinical Experience - 120 hours completed (Completed Course Evaluations)	P/F	
P = Pass, F = Fail		

Assignments with Rationales:

1. Three *exams (15% each)* along with a *comprehensive final exam (25%)* will be given in this class to evaluate student’s comprehension of women health care (obstetrics & gynecology). Tests will be used to identify student’s areas of strength and weaknesses, thereby allowing faculty the opportunity to clarify and explain key concepts related to women health care (All objectives)
2. *SOAP Note (10%)*

You are required to write up and submit 1 clinical SOAP note based on an actual patient from your clinical experience. This soap note may be completed on a gynecological case from a patient who presented to your care for a gynecological problem (**NOT** a routine annual physical examination) or on an obstetrical patient with a problem (**NOT** a routine OB follow up visit), again from your clinical experience. **This paper will be valued at 10% of your final grade.** Your paper must be in APA format for title page, citations, and reference page. The text of the paper may be bulleted. See course calendar for assignment due date. Please note due dates are firm and late papers **WILL NOT** be accepted. Students who have not submitted the assignment by the due date posted will receive a grade of zero. **NO EXCEPTIONS.** Refer to the online course shell learning system for additional resources on soap note writing and templates. Submit **ALL** assignments to the Canvas “Assignment Inbox” **DO NOT** email me any papers / assignments.

<i>Guidelines for Clinical SOAP Note:</i>	
S:	State chief complaint Analyze each chief complaint Include any past history pertaining to chief complaint/plan/differential diagnosis Document and pursue all info from the patient Review of systems of at least 5 pertinent body systems Remember that this is a women’s health course – your “s” needs to include all pertinent ob/gyn history
O:	<ul style="list-style-type: none"> • Vital signs (including weight/height/BMI) • Physical exam (to include at least 5 pertinent body systems) • Any labs available
A:	<ul style="list-style-type: none"> • Diagnosis based on history and physical exam • Multiple diagnoses – prioritized based on chief complaint
P:	<ul style="list-style-type: none"> • Must address all diagnoses in assessment • Order diagnostics (labs & other diagnostic testing) • New or altered treatment plan <ul style="list-style-type: none"> ○ New or continued medications • Health education • Referrals • Return visit/follow-up plan
Your SOAP note MUST include a rationale statement for your plan. This needs to be referenced with current resource materials to demonstrate evidence-based practice.	

3. *Case studies (10% x 2)* – The purpose of case studies is to help students obtain greater insights into the care of a patient through decision-making regarding appropriate nursing action, based on knowledge and comprehension of a selected clinical situations or illnesses. Students are expected to apply theoretical learning to an actual patient/clinical situation.

Case studies will be completed on the Canvas online learning system. Student will complete these assigned case studies at home. The case study will be set-up in a testing format and there will be a time limit in which the case study will need to be completed. Any questions not answered by the end of the time will be marked as zero.

4. **ATI Evaluation Criteria:** *(Not applicable)*

CLINICAL REQUIREMENTS

1. Continuing Education/Patient Case Study Assignment and Presentation:

Continuing education is required to stay current with the latest developments, skills, and new technologies, as well as to comply with laws, remain licensed or certified, or maintain membership in an association or licensing body. For this activity, students will either select form a listing or find continuing education article from an Advanced Practice women’s health journal. This continuing education must align with a patient case you encountered during your clinical rotation. An exemplar listing of continuing education articles will be posted to Canvas. Full

articles can be retrieved from Rutgers University Library. If you identify an article that is not listed, please see Dr. Coppola for approval of the article. You will select an article and be prepared to present this education to your one of the final scheduled recitation periods. Refer to Canvas for further instruction.

2. TYPHON DOCUMENTATION

Each patient encounter **MUST** be documented in Typhon. Documentation of clinical hours will be completed in Typhon and **MUST** include the following information.

- a. Total shift hours
- b. Total patient hours
- c. Total consult with preceptor hours
- d. Total clinical conference hours (with clinical faculty, or faculty approved clinical hours at site)
- e. *Continuing education courses* (CEU & CME) courses will **NOT** be accepted as clinical conference hours

For additional information on TYPHON documentation please refer to the document “TYPHON GUIDELINES” posted in the online course shell.

Please note: As per Rutgers University policy, **All correspondence with instructors regarding Rutgers courses, clinical experiences, and assignments should be carried out using the Rutgers email system and/or Rutgers Learning Management Systems such as Canvas.**

CLINICAL EVALUATIONS:

A minimum of 120 clinical hours are required by the end of the course. Clinical is to be focused on women’s health issues in both gynecology and obstetrics. Midterm evaluations are due when approximately 45 hours of clinical have been completed. It is important to have your midterm evaluation completed as required before proceeding to the second half of your clinical hours as feedback or remediation may be necessary before you can continue with your clinical time.

Final evaluations are due when you have completed the required 120 hours of clinical. Failure to submit the midterm and/or final evaluation when due may result in an “incomplete” final grade until all the required paper work is completed.

Clinical Evaluations	Due Dates:
Midterm Evaluation	Week of March 8 th
Final Evaluation	Week of April 26 th

Grading Scale:

A course grade of A, B+, or B* is required for progression in the nursing major.

A	90 to 100	B+	85 to 89	B	80* to 84		
C+	75 to 79	C	70 to 74	D	60 to 69	F	<60

Grades:

- Final theory course grades are calculated using the above weighted criteria. *There will be NO rounding of exam grades.* Final grades will be rounded at the discretion of the Faculty instructor.
- The minimal grade required to progress in nursing is an **80* (B)**.
- If a student receives a failing grade (≤ 80) in the course, he/she will receive **NO** grade for the clinical component / residency portion regardless of their performance in the clinical setting. (“NC=No credit)
- Likewise, if a student receives a failing grade in the clinical/residency, he/she will receive **NO** grade for the course regardless of their performance in the classroom setting.
- A fail in either area will result in the student retaking the entire course (residency & theory) the next time it is offered, which may be the following year.

Academic Integrity Policy:

The School of Nursing follows the Rutgers, The State University of New Jersey policies/procedures regarding Academic Integrity that can be found at:

<http://academicintegrity.rutgers.edu/>

Audio or videotaping (or use of any other electronic recording media) of course lectures **is not permitted** unless the student presents the course professor with valid documentation for this accommodation from the Division of Student Affairs, Dean of Students Office <http://deanofstudents.camden.rutgers.edu/> (see # 8 below regarding Disability Services). Students who are caught doing so without approval of this accommodation will be violating the Student Code of Conduct.

PLEASE note, any student who is aware of any academic misconduct has a moral and ethical responsibility to report it to the course faculty.

Student Handbook 2018-2019:

All students are held to the policies and procedures and all information in the SNC Student Handbook:

<https://nursing.camden.rutgers.edu/sites/nursing/files/SNC%20Student%20Handbook%202019-2021.pdf>

Student Services:

1. Office of Disability Services

The Office of Disability Services (ODS) provides students with confidential advising and *accommodation services* in order to allow students with documented physical, mental, and learning disabilities to successfully complete their course of study at Rutgers University – Camden. The ODS provides for the confidential documentation and verification of student accommodations; and communicates with faculty regarding disabilities and accommodations. The ODS provides accommodation services, which can include readers, interpreters, alternate text, special equipment, and note takers. The ODS acts as a signatory for special waivers. The ODS also works with students, faculty, staff and administrators to enforce the American with Disabilities Act of 1990.

<http://learn.camden.rutgers.edu/disability-services>

Each semester, students are responsible for requesting a memorandum/letter from the Office of Disability Services (<https://ods.rutgers.edu/>) to notify faculty of their requested individual accommodations. This should be done at the start of each semester. It is the *RESPONSIBILITY OF THE STUDENT* to ensure that he/she obtain the required letter of accommodation and notify the course professor in a timely manner.

2. Counseling and Mental Health Services

Students may occasionally have personal issues that arise on the course of pursuing higher education or that may interfere with their academic performance. If you find yourself facing problems affecting your coursework, you are encouraged to talk with the instructor and/or seek confidential assistance at Rutgers Student Health Services (856) 225-6005, visit their web site for more information

(<http://healthservices.camden.rutgers.edu>). Rutgers Student Health Services offers a full range of medical, counseling and psychological, and health outreach, promotion, and education services to Rutgers students. Rutgers Health Services cares for the whole student body, mind, and spirit.

3. The **Dean of Student office** assists students having difficulties due to reasons beyond her or his control; whether due to medical, emotional, psychological, familial or financial reasons. If you find yourself struggling or needing additional help beyond faculty assistance, please contact the *Dean of Students* (<http://deanofstudents.camden.rutgers.edu>) who can connect you to various networks of support and resources (856-225-2825).

4. Learning Center Information:

The Rutgers-Camden Learning Center is dedicated to the academic assistance of the Rutgers University student population. They offer a wide range of services such as Individual Course Content Tutoring and assistance with planning, organizing, and writing to name a few.

<http://learn.camden.rutgers.edu/>

231 Armitage Hall
311 N. Fifth Street
Camden, NJ 08102
Phone: 856-225-6442

5. **Canvas Information** - <https://rutgeronline.desk.com/>

6. Registrar

Student Information - <https://registrar.camden.rutgers.edu/student-information>

Last day to drop a class(es) without a **W** grade – **Tuesday, January 29**

Course Evaluation:

The course evaluation process is central to Rutgers' efforts to ensure that instruction at the University continues its history of excellence. School instructors and administrators take the information and feedback received from students very seriously. It is the expectation that all students complete all required course evaluation surveys while enrolled in courses at Rutgers University. The online course evaluation system provides security and confidentiality that far exceeds that which is possible with the paper and pencil method. Students can participate in the surveys with complete assurance that their responses will remain *confidential*.

Students are expected and encouraged to comment about their experiences in the classroom and to provide feedback on the quality of instruction in the course through the *Student Instructional Rating Survey [SIRS]* (a University-wide survey). SIRS is conducted at the end of every semester by the Center for Teaching Advancement and Assessment Research. When the course evaluation survey is launched for a semester, students will be contacted through e-mail from the CoursEval System (<https://sirs.ctaar.rutgers.edu/>).

W. Williams, 01/2020

J. Coppola 01/2020

Week	Date	Topic	Readings (*) & Assignments
1	1/23	Welcome Course Introduction	All chapter readings will be from the textbook (Schuilng & Likis) unless otherwise indicated.
		Review of Syllabus	Posted on Canvas
		Health Promotion (Women focus) <ul style="list-style-type: none"> • The Affordable Care Act • Healthy People 2020 • US Preventive Service Task Force 	Chapter 4 & 7
		Well Woman Exam <ul style="list-style-type: none"> ▪ Review Female anatomy & physiology (Bates) ▪ Breast Exam ▪ Pelvic Exam (STI screening & Pap smear) Documentation of the well woman exam	Chapter 6 & 7
2	1/30	Menstrual Cycle Menstrual disorders; PMS, PMDD Anovulation Amenorrhea; Dysmenorrhea Abnormal Uterine Bleeding <ul style="list-style-type: none"> • PALM COEIN Recitation Period (3:45pm to 4:45pm) Well Women/GYN Check Out today. Please refer to Canvas Clinical Module for further instruction.	pp.87-93 Chapter 23 Chapter 24
3	2/6	Cervical Dysplasia <ul style="list-style-type: none"> • Pap Smear screening • ASCUS; Cervical intraepithelial neoplasia (CIN) • Colposcopy • Vulva Conditions (Lichen Sclerosus & Planus) • Fistulas; Bartholin cysts 	pp. 126-131 Chapter 26 & 27
4	2/13	1st Exam – Recitation period (3:45 pm – 5:00 pm)	
		Gynecologic Infections Wet Mount Microscope Slide Prep Vaginitis (Bacterial, Candidiasis) Sexually Transmitted Infections Urinary Tract Infections (Cystitis, pyelonephritis) Urinary incontinence & Overactive Bladder	Chapter 19 Chapter 20 Chapter 21 Chapter 22
5	2/20	Breast Conditions <ul style="list-style-type: none"> • Self-breast exam • Clinical breast exam • Benign Disease • Malignant disease 	Chapter 15
6	2/27	NO FACE-TO-FACE CLASS	CASE STUDY DUE BY 9:00PM
7	3/5	Pelvic Disorders:	

		Polycystic Ovarian syndrome (PCOS) Chronic pelvic pain Endometriosis Leiomyomas / Fibroids (Polyps; Adnexal masses) Ovarian Cancer	Chapter 25 & 28 pp. 684 - 694
8	3/12	2nd Exam – Recitation period (3:45 pm – 5:00 pm)	
		Contraceptive management Non-hormonal Hormonal Emergency Contraception (ECPs) Long-Acting Reversible Contraception (LARC) Sterilization	Chapter 11
Spring Break – March 13 – 22			
9	3/26	Unintended Pregnancy	Chapter 17
		• [Termination of pregnancy (Medical, surgical)]	
		Normal Pregnancy	Chapter 29 & 30
		Ectopic pregnancy	
		Preconceptional care / counseling	
		Health promotion prior to pregnancy	
		Antepartum care	
		Reducing Maternal Mortality	
10	4/2	Perimenopause & Menopause • Hormone Replacement Therapy • Osteoporosis • Atrophic Vaginitis • Postmenopausal Bleeding • Hormone Replacement Therapy	Chapter 12 <i>SOAP Note due</i>
11	4/9	3rd Exam – Recitation period (3:45 pm – 5:00 pm)	
		Anxiety & Depression	https://www.psycom.net/depression.central.women.html https://www.healthyplace.com/depression/women/depression-in-women-understanding-female-depression
12	4/16	• Sexuality & Transgender health • Intimate Partner Violence • Sexual Assault <i>Guest Lecturer</i>	Chapter 9, 10, 13 & 14 <i>2nd CASE STUDY DUE BY 9:00PM</i>
13	4/23	Recitation Period (345pm to 445pm): Continuing Education/Patient Case Study Presentations. Please refer to clinical module on Canvas for further instructions	
		• Substance Abuse • Alcohol and Drug • Opioid Crisis - https://www.hrsa.gov/opioids Wrap-up & Review	https://journeypureriver.com/substance-abuse-among-women/ http://www.estronaut.com/a/women_substance_abuse_drugs_alcohol.htm
13	4/30	NO FACE-TO-FACE CLASS (Must attend the ETA MU program/research day)	

Reading Day – May 5 & 6			
May 7-13	Final Exam		TBA
(*) In addition to Chapter readings listed here, additional readings will also be posted on Canvas for the week.			