

# HEALTH & WELLNESS

Saturday, April 29, 2017 10am-3pm  
Virtua Healthcare Campus Kelly Room  
1000 Atlantic Avenue, in Camden

## All ages are welcome to participate



Nutrition is foundational to maintain a healthy Lifestyle. The food that we eat significantly contributes to our overall wellbeing. Arnita Green, resident of the Phoenix Arizona area; Life coach, and licensed pharmacist, will share Insights from her extensive research and experience in the field that will set you on a course toward good health and wellbeing.

Dr. Williams is an Assistant Professor in Nursing at Rutgers University-Camden. She is a board-certified Women's Health Nurse Practitioner, with over 30 years working in the nursing profession. Dr. Williams is committed to developing and implementing programs aimed at improving health outcomes for Black women and youth. She is recognized as an expert in measures to improve health outcomes in minority women and have several publications.



Wanda M. Williams, PhD, RN, WHNP-BC

Hosted by: Camden Dream Center

For information: (609) 680-1648