

**Nursing of Women and the Childbearing Family Theory  
Spring 2020**

**Course Title & No:** Nursing of Women and the Childbearing Family Theory (50:705:301:02)  
**Credits:** 3 credits

**Course Hours:** **Monday:** 12:30pm – 3:20pm  
**Recitation:** 6:00pm – 7:00pm

**Pre-requisite Courses:** 705: 101, 201, 202

**Co-requisite Courses:** 705: 302

**Location:** **LAW 106** (For both class and recitation)

**Faculty:** Wanda M. William, PhD, RN, WHNP-BC, APN, CNE  
Clinical Assistant Professor  
530 Federal St. Camden, NJ 08102  
**Office # 339**  
[wanda.williams@rutgers.edu](mailto:wanda.williams@rutgers.edu) (contact via email only)

**Office Hours:**

- Mondays: 9:00am – 12:00pm
- Thursdays: 1:00pm – 5:00pm
- All other days by appointment only

**Course Assistant (CA):** Shanta A. Mulligan, RN, DNP(c)

**Course Description:**

This clinical theory course focuses on the care of women with common gynecological problems throughout the lifespan as well as family centered care from preconception through childbearing and the postpartum. Emphasis will be placed on wellness and health promotion of women associated with the normal processes of aging and childbearing. In addition, complications of the puerperum period will be identified and interventions described. Current national and global issues in caring for women and infants will be explored. The integration of genetics and evidence into practice as well as caring for diverse populations will be presented.

**Course Objectives:**

**(AACN Essentials of Baccalaureate Education are noted in parentheses)**

At the completion of the course the student will be able to:

- Examine the concepts of providing tailored, culturally competent, family centered care to diverse populations especially those found in Camden, N.J. \* (VI, VII, VIII, IX)
- Utilize critical thinking skills to understand the nursing process as it relates to providing care to women and infants (III)
- Apply WHO, AACN, AWHONN, AAP, CDC and ACOG Standards to clinical practice (II, III)
- Explore how research is integrated into evidence-based practice when delivering care to women and infants (III)
- Identify quality and safety issues in maternal/newborn clinical practice (II)

- Identify the nurse's role in health promotion, disease prevention, and advocating for women across the lifespan in global environments and inner-city communities such as Camden, N.J.\* (V, VI, VII, IX)
- Understand the physiology of reproduction and childbearing including genetics and infertility in addition to complications associated with the antepartum, intrapartum and postpartum periods. (VII, IX)
- Discuss the issues facing women later in life including menopause, reproductive cancers and heart disease (VII, IX)
- Develop skills of effective communication, teaching and collaboration with clients and healthcare team members \* (VI)
- Discuss the implications of healthcare policy on issues related to access to care, use of publically funded programs for pregnant women, WIC Program, and social justice in healthcare delivery (IV, V, VIII)
- Examine the concept of civic engagement and how it applies to the role of the professional nurse working in Camden, N.J.\* (VI, VII, VIII, IX)

\* Includes civic engagement focus (will be performed in clinical)

**Required Textbook:**

Murray, S., McKinney, E., Holub, K., & Jones, R. (2019). *Foundations of Maternal-Newborn and Women's Health Nursing* (7<sup>th</sup> ed.). Elsevier. ISBN-13: 978-0-323-39894-7

**Recommended Textbook:**

Please refer to your textbooks from your physical assessment and clinical competency (foundation) courses.

**ATI Products:**

Students will have access to ATI products for this course.

**Standards of Nursing Practice:**

- American Academy of Pediatrics and the American College of Obstetricians and Gynecologists (2017). *Guidelines for Perinatal Care* (7<sup>th</sup> Ed.). Washington, D.C.:AAP & ACOG.
- AWHONN (2009). *Standards and guidelines for professional nursing practice in the care of women and newborns* (7<sup>th</sup> ed.). Washington, D.C.: AWHONN.
- Code of Ethics for Nurses with Interpretive Statements (2015). Retrieved from <http://www.nursingworld.org/MainMenuCategories/EthicsStandards/CodeofEthicsforNurses/Code-of-Ethics-For-Nurses.html>
- Hospital & Unit Based Policy & Practice Guidelines – located in various clinical sites.

**Methods of Instruction:**

Classroom lecture & discussion, audio-visual media, web-based materials, case studies, on line discussion boards, group presentations, & required readings and written assignments.

**Course Requirements:**

1. Students are required to attend all scheduled classes. Students are to notify the Professor via email prior to missing any class.
2. Assigned readings are to be completed prior to the scheduled lecture. Professor reserves the right to add additional readings during the semester.

3. All tests will utilize Exam soft, a computer-based resource. Therefore, **ALL** students must have access to a laptop for all tests administered in this class. Please review the “*Laptop Requirements*” posted on the School of Nursing | Camden website under the student tab.
4. A grade of **C+** or above is required for progression
5. A satisfactory grade in the clinical component course (705:302)\*\*  
 \*\*If a student receives a grader of less than **C+** in the course (705:301), he/she will receive “no credit” for the clinical component course (705:302) regardless of their performance in the clinical setting.  
  
 \*\*Likewise, if a student receives an unsatisfactory grade in the clinical course (705:302), he/she will receive “no credit” for the course (705:301) regardless of their performance in the classroom setting.  
 \*\*If a student earns a grade of less than a **C+** in either 705:301 or 302, he/she will have to retake both courses simultaneously.
6. Students enrolled in this course are expected to check their Rutgers email accounts and log on to the Canvas online course shell every 24-48 hours to check for updates, announcements, and to access course materials.
7. It is essential that all healthcare providers have a basic literacy in computer technology. To this end, the Rutgers University School of Nursing-Camden has moved toward incorporating computer technology into all aspects of the program. Some resources necessary to successfully progress through the program are only available via the Internet. Therefore, students enrolled in this course are expected to check their Rutgers email accounts and log on to the Canvas online course shell every 24-48 hours to check for updates, announcements, and to access course materials.

**Disclaimer:**

The course faculty reserve the right to revise assignments or change due dates during the course semester.

**Evaluation Criteria:**

Evaluation Methods	% of Grade	Date Administered / Due Date
<b>Exam I</b>	20%	February 17
<b>Exam II</b>	20%	March 9
<b>Exam III</b>	20%	April 6
<b>Case Studies x 3 (5% each)</b> will drop the lowest grade	10%	See course calendar
<b>ATI Assessments, Remediations &amp; Proctored Exam</b>	5%	April 20
<b>Final Exam</b> (cumulative - 100)	<b>25%</b>	<b>TBA</b>
<b>Total</b>	<b>100%</b>	

**(\*) ALL test in this class will be conducted during the “Recitation” timeframe (6:00pm -7:00pm), except for the Proctored ATI exam and the final exam.**

**ATI Proctored Assessment - Grading based on level achieved: (*Grade includes credit for remediation and proctored assessment*).**

**Level 3** (Exceeds benchmark) = ATI grade of **100%**  
[Minimum remediation time recommended: 1-hour]

**Level 2** (Meets benchmark) = ATI grade of **85%**.  
[Minimum remediation time recommended: 2 hours].

**Level 1** (below benchmark) = ATI grade of **75%**.  
[Minimum remediation time recommended: 4 hours]

**Below level 1**= ATI grade of **65%**.  
[Minimum remediation time: 4 hours].

*[All students scoring Below level 1: student must meet with course professor. The student will be encouraged to complete a remediation plan, including ATI resources such as Learning systems (LS 3.0) questions to reinforce missed concepts to complete prior to the start of the next term.]*

**Assignment Information:**

All assignments are due on the date specified unless the student has corresponded with the Professor (prior to the due date) and a new submission date has been negotiated. Otherwise, the student will receive a grade of 0 for the assignment.

All students are expected to take exams on the scheduled date. If a student finds it necessary to miss an exam based on illness or unforeseen circumstances, he/she must notify the Professor **prior to** the exam. If the Professor is not contacted by the student, the student will receive a grade of “0”. If the Professor is contacted, a make-up exam will be created, and an exam date will be provided to the student. **The format for a make-up exam may vary.**

- Students will be allowed to review the questions answered incorrectly the next week after an exam during the recitation period (**6:00pm-7:00pm**). After that time frame, students will not be allowed to review their exams.

**Grading Scale:**

<i>A course grade of C+ or better is required for progression in the nursing major.</i>					
A	90 to 100	B+	85 to 89	B	80 to 84
C+	75 to 79 (*)	C	70 to 74	D	60 to 69
				F	<60

**Assignment/Exam Grades:**

Final theory course grades are calculated using the above weighted criteria. *There will be no rounding of exam grades.* Final grades will be rounded at the discretion of the Faculty instructor

### **Academic Integrity Policy:**

The School of Nursing follows the Rutgers, The State University of New Jersey policies/procedures regarding Academic Integrity that can be found at: <http://academicintegrity.rutgers.edu>

Audio or videotaping (or use of any other electronic recording media) of course lectures **is not permitted** unless the student presents the course professor with valid documentation for this accommodation from the Division of Student Affairs, Dean of Students Office <http://deanofstudents.camden.rutgers.edu/> Students who are caught doing so without approval of this accommodation will be violating the Student Code of Conduct.

**Note: Any student that is aware of any academic misconduct has a moral and ethical responsibility to report it to the course faculty.**

### **Student Handbook 2019-2020:**

All students are held to the policies and procedures and all information in the SNC Student Handbook: <https://nursing.camden.rutgers.edu/sites/nursing/files/SNC%20Student%20Handbook%202019-2021.pdf>

### **Student Services:**

1. **SNC CARES (formerly, Office of Nursing Student Advising and Clinical Operations)**, is a comprehensive center dedicated to positively impacting the nursing student experience. SNC CARES will serve as the core of student support from admissions to graduation including: Recruitment ▪ Admissions ▪ Progression Planning ▪ Advisement ▪ Mentoring ▪ Remediation ▪ Counseling ▪ Course Scheduling ▪ Clinical Placement ▪ and Clinical Compliance. Please make an appointment through Raptor Connect or visit our website: [nursing@camden.rutgers.edu](mailto:nursing@camden.rutgers.edu)
2. **Office of Disability Services**  
The Office of Disability Services (ODS) provides students with confidential advising and accommodation services in order to allow students with documented physical, mental, and learning disabilities to successfully complete their course of study at Rutgers University – Camden. The ODS provides for the confidential documentation and verification of student accommodations and communicates with faculty regarding disabilities and accommodations. The ODS provides accommodation services, which can include readers, interpreters, alternate text, special equipment, and note takers. The ODS acts as a signatory for special waivers. The ODS also works with students, faculty, staff and administrators to enforce the American with Disabilities Act of 1990. Please visit: <https://learn.camden.rutgers.edu/index.php>
3. **APA Style**
  - a. All written assignments are to follow APA format. Please visit: <http://www.citationmachine.net/apa/cite-a-book>
4. **Registrar**  
Student Information - <https://registrar.camden.rutgers.edu/student-information>  
Last day to withdraw from an individual class with a W grade - February 3 (Monday)

### **Course Evaluation:**

The course evaluation process is central to Rutgers' efforts to ensure that instruction at the University continues its history of excellence. School instructors and administrators take the information and feedback received from students very seriously. It is the expectation that all students complete all required course evaluation surveys while enrolled in courses at Rutgers University. The online course evaluation system provides security and confidentiality that far exceeds that which is possible with the

paper and pencil method. Students can participate in the surveys with complete assurance that their responses will remain *confidential*.

Students are expected and encouraged to comment about their experiences in the classroom and to provide feedback on the quality of instruction in the course through the *Student Instructional Rating Survey* [**SIRS**] (a University-wide survey). SIRS is conducted at the end of every semester by the Center for Teaching Advancement and Assessment Research. When the course evaluation survey is launched for a semester, students will be contacted through e-mail from the CoursEval System (<https://sirs.ctaar.rutgers.edu/>).

WMW: 01/2020

Rutgers, The State University  
 School of Nursing | Camden  
 Nursing of Women and the Childbearing Family Theory  
 (50:705:301)  
 Course Outline Spring 2020

Week	Date	Topic	Readings (In addition to Chapter readings listed here, additional readings can be found on Canvas)
1	1/27	<b>Introduction to Course, Schedule, Clinical Expectations, &amp; ATI Products</b>	Read the “Preface” to the textbook – pages viii - x
		<ul style="list-style-type: none"> <li>• Introduction to Maternity Care:</li> <li>• Scope of Maternity Practice</li> <li>• Maternal &amp; Infant Mortality</li> <li>• Caring for Diverse Populations</li> <li>• Providing Culturally Competent Care</li> <li>• Professional communication</li> <li>• Patient Education &amp; Literacy</li> </ul>	<b>Murray:</b> Chapter 1 and pp. 19-28  <b>**Voiceover lecture – Please listen (will be on the 1<sup>st</sup> exam).</b>
2	2/3	<b>Caring for Women During the Postpartum Period:</b>	
		• <b>Postpartum Physical Adaptations</b>	<b>Murray:</b> Chapter 17 <i>(ATI: Chapter 17)</i>
		• Postpartum Assessment & Education	
		• Transition to Home & Home Care	<i>(ATI: Chapter 19)</i>
		• <b>Postpartum Maternal Complications</b>	<b>Murray:</b> Chapter 18 <i>(ATI: Chapter 20 &amp; 21)</i>
		• DVT, Pulmonary Embolism, Stroke	<b>Murray:</b> pp. 504-508
		• Postpartum Depression	<i>(ATI: Chapter 22)</i>
3	2/10	<b>Caring for the Newborn:</b>	<b>1<sup>st</sup> Case Study Due</b>
		• Initial Newborn Care in Delivery Room	<b>Murray:</b> Chapters 19, 20, 21 & 22
		• Physiologic Adaptations of the Newborn	
		• Nursing Assessment & Care of the Newborn	<i>(ATI: Chapter 23 &amp; 24)</i>
		• Nutrition & Feeding Methods	<i>(ATI: Chapter 25)</i>
		• Potential Complications of the Newborn	<i>(ATI: Chapter 27)</i>
		• Newborn Discharge	<i>(ATI: Chapter 26)</i>
4	2/17	<b>Caring for Women during the Prenatal Period:</b>	<b>EXAM I Recitation:</b>
		• Menstrual Cycle, Fertility, Conception & Fetal Development	<b>Murray:</b> Chapters 5, 9 & 26
		• Infertility	<i>(ATI: Chapter 2)</i>
		• Prenatal Diagnostic Test & Genetic Screening	
5	2/24	<b>Caring for Women during the Antepartum Period (Part I):</b>	
		• Physical & Psychologic Changes of	<b>Murray:</b> Chapters 6, 7 & 8

		Pregnancy	<ul style="list-style-type: none"> <li>(ATI: Chapter 3)</li> </ul>
		<ul style="list-style-type: none"> <li>Common Discomforts of Pregnancy</li> </ul>	<ul style="list-style-type: none"> <li>(ATI: Chapter 4)</li> </ul>
		<ul style="list-style-type: none"> <li>Health Promotion Education</li> </ul>	
		<ul style="list-style-type: none"> <li>Maternal Nutrition &amp; Exercise</li> </ul>	<ul style="list-style-type: none"> <li>(ATI: Chapter 5)</li> </ul>
		<ul style="list-style-type: none"> <li>Anemia</li> </ul>	Murray: pp. 251 - 254
6	3/2	<b>Antepartum Period (Part II):</b>	<b>2<sup>nd</sup> Case Study Due</b>
		<ul style="list-style-type: none"> <li>Antepartum Nursing Assessment</li> </ul>	Murray: Chapters 7 & 8
		<ul style="list-style-type: none"> <li>Preterm Labor, PROM &amp; Cerclage</li> </ul>	
		<ul style="list-style-type: none"> <li>Assessment of Fetal Well-Being</li> </ul>	Murray: pp.188 - 199 (ATI: Chapter 6)
		<ul style="list-style-type: none"> <li>Medication, Drug, Tobacco, Alcohol Use</li> </ul>	Murray: pp. 279- 283
		<ul style="list-style-type: none"> <li>Assessment of Fetal Well-Being</li> </ul>	Murray: pp.188 - 199 (ATI: Chapter 6)
		<ul style="list-style-type: none"> <li>Childbirth Preparation</li> </ul>	Murray: pp.2-4; 117
7	3/9	<b>Caring for Women during the Intrapartum Period (Part I)</b>	<b>Exam II Recitation:</b>
		<ul style="list-style-type: none"> <li>Labor &amp; Birth Process</li> </ul>	Murray: Chapters 12 & 15 (ATI: Chapter 11)
		<ul style="list-style-type: none"> <li>Intrapartum Nursing Assessment &amp; Fetal Monitoring</li> </ul>	Murray: Chapter 14 (ATI: Chapter 13)
		<ul style="list-style-type: none"> <li>Nursing Care during Labor</li> </ul>	(ATI: Chapter 14)
<b>Spring Break – March 14 – March 22</b>			
8	3/23	<b>Intrapartum Period (Part II)</b>	<b>ATI Practice Assessment – A</b>
		<ul style="list-style-type: none"> <li>Non-Pharmacologic &amp; Pharmacologic Pain Management</li> </ul>	Murray: Chapters 13 (ATI: Chapter 12)
		<ul style="list-style-type: none"> <li>Labor Induction / Augmentation &amp; Other procedures (C/S, forceps, VBAC)</li> </ul>	Murray: Chapter 15 (ATI: Chapter 15)
		<ul style="list-style-type: none"> <li>Labor &amp; Delivery related Complications</li> </ul>	Murray: Chapter 10 & 16
		<ul style="list-style-type: none"> <li>Prolapsed umbilical cord</li> </ul>	Murray: pp. 450-457
		<ul style="list-style-type: none"> <li>Parental Loss</li> </ul>	Murray: pp. 286 – 289
9	3/30	<b>Caring for Women with High Risk Pregnancies &amp; Complications</b>	Murray: Chapter 10
		Bleeding during Pregnancy (SAB; GTD; Previa; Ectopic)	(ATI: Chapter 7)
		Preterm Labor, PROM & Cerclage	Murray: pp.437; (ATI: Chapter 9 & 10)
		Hyperemesis Gravidarum	(ATI: Chapter 9 & 10)
		Diabetes Mellitus & Gestational	(ATI: Chapter 9 & 10)
10	4/06	<b>High Risk Pregnancies &amp; Complications (II)</b>	<b>Exam III</b> (Open ATI Practice Assessment – B with rationales)
		<ul style="list-style-type: none"> <li>Hypertensive Disorders</li> <li>Cardiac Disease</li> </ul>	Murray: Chapter 10
		<ul style="list-style-type: none"> <li>Trauma</li> <li>Alloimmunization</li> </ul>	Murray: pp. 454-456 Murray: pp. 230-232



11	4/13	<b>Women's Health Issues I</b>	
		Obtaining a Sexual History	<b>Murray:</b> pp. 738, plus handout "A Guide to Taking a Sexual History" – By the CDC
		A review of the menstrual cycle	<b>Murray:</b> Table 3.1, page 47
		STIs ( <i>ATI: Chapter 8</i> )	<b>Murray:</b> pp. 768 - 774
		Contraception ( <i>ATI: Chapter 1</i> )	<b>Murray:</b> Chapter 25
12	4/20	<b>ATI Proctored Exam</b>	
13	4/27	<b>Women's Health Issues II</b>	<b>3rd Case Study Due</b>
		<ul style="list-style-type: none"> <li>• Healthy People 2020</li> </ul>	Review the following website for HP2020: <a href="https://www.healthypeople.gov/2020/leading-health-indicators/2020-lead-topics/Maternal-Infant-and-Child-Health">https://www.healthypeople.gov/2020/leading-health-indicators/2020-lead-topics/Maternal-Infant-and-Child-Health</a>
		<ul style="list-style-type: none"> <li>• Health Promotion Across the Lifespan</li> </ul>	<b>Murray:</b> Chapter 27
		<ul style="list-style-type: none"> <li>• Health Screenings (PAPs; mammograms, etc)</li> </ul>	
		<ul style="list-style-type: none"> <li>• Disorders of the breast</li> </ul>	
		<ul style="list-style-type: none"> <li>• Menstrual disorders &amp; Disorder of the reproductive tract (fibroids, polyps, etc.)</li> </ul>	<b>Murray:</b> 751- 756
		<ul style="list-style-type: none"> <li>• Reproductive Cancers &amp; Heart Disease</li> </ul>	
<ul style="list-style-type: none"> <li>• Menopause</li> </ul>	<b>Murray:</b> 757- 762		
		<ul style="list-style-type: none"> <li>• National &amp; Global Women's Health Issues</li> </ul>	
14	5/04	<b>Last Day of Class Overview &amp; Final exam prep (Complete course evaluation in class)</b>	<b>ALL ATI remediation due</b>
<b>May 5 &amp; 6</b>		<b>READING DAY</b>	No classes allowed on reading day
<b>TBA</b>		<b>FINAL EXAM</b>	

WMW 12/2020